



March 2021

Greetings from St Andrews

SPRING IS SPRUNG AT ST ANDREW'S



How lovely to see the spring flowers peeping through the soil at last!! We are surrounded by snowdrops and daffodils and other spring flowers in the local area, and in our own garden, and it is so very cheering to see them. They are a sign of hope that warmer days are coming, and after

the winter we have had, I'm sure you will all agree, we need some sunshine .

Staff have been training on site, and we have welcomed Rachel, a new nurse on the team. I hope she soon feels at home with us, and puts her own stamp on her shifts. We have also been getting to grips with fire extinguishers.



Lots of activities have gone on this month, as we talked about Chinese New Year and Valentines Day, residents have helped to create some lovely little displays. We have also enjoyed some sing a longs, games of bingo, and time travel experiences, going back to the war years and recalling stories from the residents younger days. Its been quite a learning curve for me, and lovely to listen to their experiences back then.





We have more of these popular sessions planned in the next few weeks, and also, a bit of a treat for residents will be the staff performance of RATS!!! A short play with music. We did plan a Christmas panto, which was abandoned due to covid, so this little performance will hopefully make up for it. Watch out for familiar faces coming to your facebook very soon!!

One of the highlights of residents weeks has been family visits in our pod. As I type we are waiting for instructions from local government as to how visits can progress, but in the meantime, I am taking bookings for pod visits, and these have proved to be very successful. If you would like a visit do call, and we will arrange one for you. I have also managed to master zoom now, so if you would like to chat with your family member over the internet, please do give us a ring, and we will arrange that for you too. Or you can email me at activities.standrews@jasminehealthcare.co.uk

And thank you to those who have given us a review on www.carehomes.co.uk

These really do mean a lot, as future residents may use this site to see what people really think of us. If you haven't already left a review, please feel free to do so.



One of our residents enjoying a visit with her daughter via the pod



This is a familiar face at St Andrew's, it's the lovely Sue, who has just completed 13 years service with us. As Sue is quite camera shy, I have

had to dig deep to find one of her, but this one is my personal favourite anyway.



Stella also had her birthday, at the end of the month, and everyone at St Andrews sent their very best wishes.

With Easter on the way, and being unable to plan any activities we can share with the public, again, I am selling squares to raise funds. Any donations for prizes are always gratefully received, and if you would like to buy a numbered square, they are available from staff, priced at £1 each.

