

GREETINGS FROM ST ANDREWS

MAY 2020

KEEP SAFE!! STAY INDOORS!!!

KEEPING EVERYONE SAFE

The virus rages on. Its been a very difficult month, residents struggle to not see their families and friends, and vice versa, and staff have the same scenario at home, and yet somehow try to remain cheery and bright while at work.

I am so very proud to be part of the Jasmine team at St Andrews, and feel priviledged to be able to help care for your loved ones at this difficult time .

Thank you all for your understanding and consideraton as we get through this.



KEEPING SPIRITS UP

Staff have united each week to help boost spirits, and we have provided a variety of entertainment, mostly singing and dancing, with the odd sketch thrown in. From the deputy managers right down the chain, we have made our residents giggle, and sing a long with us.

We have had a virtual day at the beach and a first afternoon at the proms to celebrate St Georges day, and are planning to celebrate VE Day, as well as rocking our way through the 50s and 60s

These silly shows can be found on facebook, if you would like to watch them.



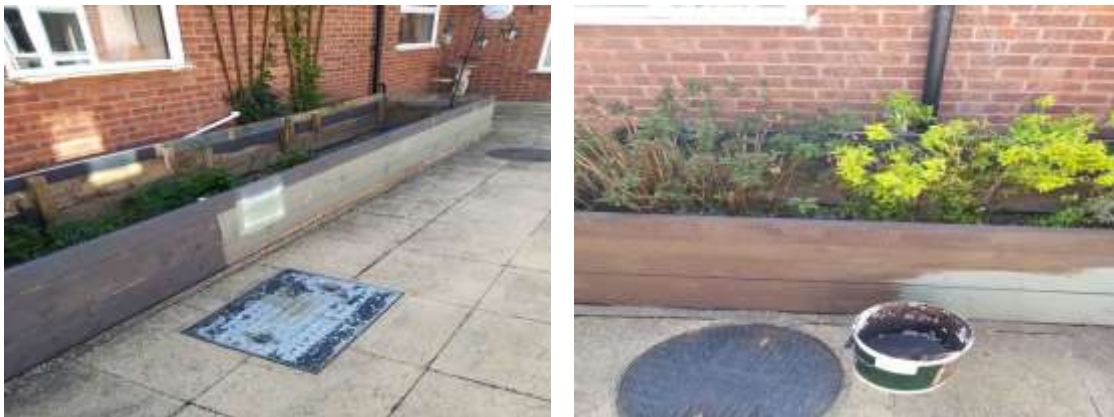
GETTING CRAFTY

Residents have enjoyed doing arts and crafts this month. We have created butterflies for our windows, and then lots of us worked together to make a rainbow to hang in the window. Residents spent many hours scrunching small pieces of tissue paper to make this, and reported back that they found it very relaxing !!

The end result was this beautiful display



We havent been the only ones making things, and Tony our busy handiman/gardener has begun creating some raised beds for our courtyard area. Once these are complete, the residents look forward to growing some plants , or herbs, or whatever they decide to put in them



STAYING IN TOUCH

We have also made a keeping connected wall, where pictures that are sent to residents from home are posted. And families and friends have been great at sending things, photographs, letters, little snippets of news. We have discovered just how rubbish our internet is, and skype is not happening for us, but I have managed to face time some families using my own phone. We love receiving your pictures and videos, and they really brighten residents days , so do keep them coming to activities.standrews@jasminehealthcare.co.uk and I will be more than happy to pass them on.



EASTER

Easter was quieter than is usual at St Andrews, but after our Easter raffle on Good Friday, followed by hot cross buns for tea, the Easter Bunny breached the lock down to sneak in for Easter Sunday, and all of our residents enjoyed a chocolate treat.





BIRTHDAYS AND CELEBRATIONS

Some of our residents have celebrated birthdays and Sheila and her husband had their wedding anniversary this month. Although the lockdown remains in place, we managed to celebrate these events in a long distance type of way.



Franks birthday



Gladys likes the look of her cake



Sheila sends a message to her husband ...yes there was a deliberate spelling mistake !!

FOOD GLORIOUS FOOD

For St Georges day, Hayley and Nicky , our fabulous kitchen ladies, created some tea time treats, and then we were very pleasantly surprised to receive a cake from a family member for staff to enjoy.

I can assure you they all tasted as good as they look x x x



SHARING STORIES

I did ask , that if anyone had any stories or pictures to share of their family members, to let me have them for the news letter, and Ruths daughter has kindly shared this with us

The picture on the left shows my mum Ruth standing next to her older sister Jean. Mum has always been close to Jean and still remembers her clearly now. Jean is roughly 3 and a half years older than mum and still lives in their home town of Gillingham in Dorset.

Their parents ran the village shop on the edge of the town and sold pretty much everything. They also had a large air raid shelter in the garden which was big enough to accommodate the local primary school. Mum was desperate to start school and went on about it so much that she was allowed to start a year early. She then went on to the local grammar school and then a teaching college in Cheltenham. Mum worked as a primary/junior school teacher for many years.

The photo on the right shows mum, me (Sara) and Jean's oldest son Graham in the bathroom of mum and dad's first home near Newbury in Hampshire. We lived near to Claire Balding's family and dad played rugby with her dad.

Mum had a gap of nearly 11 years between having me and my sister Catherine. The little boy Graham will be 60 next year, how time flies!



I love these stories, and if anyone else would like to share any for future news letters, I would be happy to receive them .

Thank you Sara, for this contribution.

CANCELLED

We have no notable dates to share with you in May as we don't know when this lockdown situation will end, but as soon as we do, you can be sure that we will announce them on facebook.

We will of course, be celebrating VE DAY , with our musical skills and a tea party for the residents. Keep looking on the facebook page for the pictures!!!

I will be off for 2 weeks in May, and DJ is taking over for me, so you can continue to email your loved ones, , at activities.standrews@jasminehealthcare.co.uk and we will print off and deliver these each day.

And finally,

All our residents miss you, and send you their love. Please rest assured that we are looking after them and they are smiling their way through this strange time.

Keep safe everyone xxx



We have to
live
through
the
bad days
to get
to the
good ones.

Hang
in
there...
They
are
coming.



 Joy of Mom
fb/joyofmom

Rosehill 2013

