

## GREETINGS FROM ST ANDREWS

MARCH 2020



**Goodbye Winter, Hello Spring!!**

### **SLEEPY START**

We started the month, with a pyjama day, raising funds for the residents. Not too many people took part, but we still made about £40 for the pot. In the afternoon we had a visit from bell ringers , who entertained the residents for an hour. This was the first of 2 fund raisers this month, as later we had a coffee and cake afternoon, and brought out the OMI projector. This raised a further £40, and we thank everyone who supported us on these occasions .



## Valentines and Sweethearts

February is the month for lovers, and so we made a display, with residents telling about the things they love most!!



We also had Karl come to sing, and get everyone on their feet dancing,



Talking of sweethearts.....



This lovely couple spent the day knitting together .

## FROM SWEETHEARTS TO SWEET TREATS

Hayley and Nicky, the lovely ladies of our kitchen, know that the way to someones heart is through their tummy, and so cooked up these lovely looking tea time treats for everyone.



Not to be outdone, the residents decided to turn their hands to kitchen work too, and made some delicious choc chip cookies . These

cookies have an added ingredient of lots of laughter, and went down well with a cup of tea.



And heres a copy of our recipe, if you would like to make some yourself . If you have a recipe to share, please let Cheryl know

#### Our yummy cookie recipe

225gms butter, softened

110 gms caster sugar

275 gms plain flour

75 gms chocolate chips ( optional, you can use sultanas or nothing at all !!)

1 teaspoon vanilla essence, or cinnamon , or ginger, or leave out all together

Set oven temp to 190 / gas mark 5

Cream the butter and sugar together until light and fluffy

Sift in the flour, and the choc chips and vanilla

Mix well

Roll the dough into walnut size balls and place on a baking sheet.

Flatten slightly with a fork

Bake for 10/15 mins until golden brown

Makes about 20 cookies

ENJOY !!!



## WORKING IT OFF

All that sweet stuff meant we needed to work it off, and this month we tried something new, and played with a parachute. Residents really enjoyed this, and look forward to having another go soon.



## Notable Dates In March

**17th ST PATRICKS DAY**




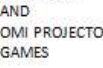


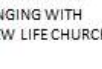









**19<sup>TH</sup> FIRST DAY OF SPRING**

**22<sup>ND</sup> MOTHERING SUNDAY**

**28<sup>TH</sup> SPRINGO ! BINGO FUN FOR ALL THE FAMILY, CHEEKY PRIZES AND A RAFFLE**

**29<sup>TH</sup> CLOCKS GO FORWARD ONE HOUR**

**PLEASE FEEL FREE TO JOIN US FOR THESE EVENTS AND  
OUR DAILY ACTIVITIES THROUGHOUT THE MONTH**

Sunday 1st	Monday 2 <sup>nd</sup> St Davids Day quiz 	Tuesday 3 <sup>rd</sup> HAIR AND NAILS 	WEDNESDAY 4 <sup>th</sup> ARTS AND CRAFTS SPRING PICTURES 	THURSDAY 5 <sup>th</sup> CHIROPODY AND OMI PROJECTOR GAMES 	FRIDAY 6 <sup>th</sup> FILM AFTERNOON 	SATURDAY 7 <sup>th</sup> CARER LED ACTIVITY
SUNDAY 8 <sup>TH</sup> CARER LED ACTIVITY	MONDAY 9 <sup>TH</sup> ARTS AND CRAFTS BUTTERFLIES 	TUESDAY 10 <sup>TH</sup> HAIR AND NAILS AND HYMN SINGING WITH NEW LIFE CHURCH 	WEDNESDAY 11 <sup>TH</sup> WORD GAMES WHO LIVES HERE? 	THURSDAY 12 <sup>TH</sup> MOVE FOR MOBILITY 	FRIDAY 13 <sup>TH</sup> LETS DECORATE CAKES 	SATURDAY 14 <sup>TH</sup> CARER LED ACTIVITY
SUNDAY 15 <sup>TH</sup> CARER LED ACTIVITY	MONDAY 16 <sup>TH</sup> CHERYL ON HOLIDAY... ACTIVITIES TO BE ARRANGED	TUESDAY 17 <sup>TH</sup> HAIR AND NAILS 	WEDNESDAY 18 <sup>TH</sup> CHERYL ON HOLIDAY... ACTIVITIES TO BE ARRANGED	THURSDAY 19 <sup>TH</sup> CHERYL ON HOLIDAY... ACTIVITIES TO BE ARRANGED	FRIDAY 20 <sup>TH</sup> CHERYL ON HOLIDAY... ACTIVITIES TO BE ARRANGED	SATURDAY 21 <sup>ST</sup> CARER LED ACTIVITIES
SUNDAY 22 <sup>ND</sup> CARE LED ACTIVITY	MONDAY 23 <sup>RD</sup> QUIZ... WHO IS THE MOTHER? 	TUESDAY 24 <sup>TH</sup> HAIR AND NAILS 	WEDNESDAY 25 <sup>TH</sup> ARTS AND CRAFTS SPRING FLOWERS 	THURSDAY 26 <sup>TH</sup> PROJECTOR GAMES	FRIDAY 27 <sup>TH</sup> SING FOR MEMORY 	SATURDAY 28 <sup>TH</sup> SPRINGO AND RAFFLE AFTERNOON 2 TIL 4.30
SUNDAY 29 <sup>TH</sup> CARER LED ACTIVITY	MONDAY 30 <sup>TH</sup> KEEP MOVING WITH CHERYL 	TUESDAY 31 <sup>ST</sup> HAIR AND NAILS 